

## **COUGHING TREATMENT TIPS**

Generally, in a normal humidity atmosphere, dogs do not cough more than 1- 2 times an hour. Reasons for coughing: dry heat, canine flu, kennel cough and congestive heart issues. It is important to see a vet about any unusual coughing as it can be a symptom of a serious health issue.

A few things to try at home until the vet appointment:

Mix 1 tsp – 1 tbsp honey with warm water and offer to your dog; you may need to syringe it in.

Warmed chicken broth can be dosed with honey.

Increase humidity with a vaporizer or humidifier. If you don't have one of these, run warm water in the shower to build a mist. Sit with your pet in the bathroom for 15-20 minutes.

Use a cough syrup containing dextromethorphan, i.e. Robitussin Maximum Strength Cough Syrup. Check ingredients to make sure there is no additional aspirin or potentially harmful ingredients. Call vet for dosage and to check any problems with pre-existing health concerns.

The vet I worked for recommended 1 tsp whiskey mixed with 1 tsp honey every 2-3 hours in emergency situations. This is not practical advice for all dogs due to pre-existing conditions or medications they may be taking.